

*Our mission – To **support** LSCs through shared communication of available resources*



**LSC Development Committee Meeting Minutes**

**November 28, 2023**

5pm PT/8pm ET on TEAMS.

1. Welcome!
2. **Attendance: Shelly Rawding (left at 5:30PM), Lamar DeCasseres, Wade Heggie, Kim O’Shea, Paige Sikkema, Bob Staab, Mary Ellen Tynan, Kile Zeller (5:13PM), Ali Bragg (athlete), Cole Kincart (athlete), Annie Kramer (athlete), Mia Nagle (athlete), Jane Grosser (staff), Bernie Dickman (staff). Bold indicates present.**  
**Guests: Donna Beyert (AM), Lynne Shine (OH), Cami Stein (CA)**
3. Announcements
  - a) Transition time! A big welcome to your new LSC Development Committee Chair – Mary Ellen Tynan!
  - b) And good-bye to our committee members who are leaving us. Thank you all for your time and efforts and energies for our committee! Please share a favorite story or memory from your time on this committee:
    - i. Kim – appreciates all the skills and strengths she has seen on the committee over the years.
    - ii. Lamar – absent
    - iii. Wade – thank you so much for the opportunity. He has been selected for the operational Risk Committee beginning in January.
    - iv. Ali – thanks to the committee and especially to Mary Ellen who encouraged her to apply for a National Committee. One favorite memory was the committee meeting over lunch at the Workshop in Denver and sharing Wade’s family fudge!
    - v. Shelly – before COVID, she enjoyed when the committee would meet annually in person for a weekend. She really enjoyed the meeting in San Antonio and the ideas that were generated walking along the waterfront. Made her realize how meeting in person really does help establish better connections with people.
4. Team building – Please share your favorite Thanksgiving recipe or tradition you enjoy with us
  - a) Jane – mashed potatoes because she only has them once or twice a year.
  - b) Ali - – agrees with Jane – mashed potatoes.
  - c) Annie – ham because it’s just special.
  - d) Bernie – she rarely follows a recipe and her sister asked for the family stuffing recipe. Her husband was just laughing hysterically and said “But you NEVER follow a recipe!”

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- e) Bob – loves turkey – makes one in the oven and one is smoked. Also loves his sister’s pecan pie.
- f) Cami – she loves her daughter’s favorite recipe (her daughter has passed). It is a stuffing recipe she has altered to make it gluten-free so now it is a breadless stuffing.
- g) Donna – she is a big baker. Likes pumpkin pie and she makes an apple square on a sheet pan. She had to make a second one because her son took most of the first to his room!
- h) Kim – from the very old Better Homes and Gardens Cookbook she makes cranberry relish with mandarin oranges and walnuts but uses a lot less sugar than the original recipe.
- i) Cole – grandparents are from Iowa and it is tradition there to put egg noodles on your mashed potatoes with gravy.
- j) Lynne – pumpkin pie, heavy on the whipped cream.
- k) Mary Ellen – when she was little she went to her Aunt and Uncle’s house and her Aunt was an amazing baker and made pumpkin chiffon pie. Has yet to be able to make it or find anything even close.
- l) Mia – the Rice team has Friendsgiving and she always brings sweet potato casserole. Some members of the team are usually skeptical but if they try it they like it!
- m) Wade – bacon wrapped green beans in a pan covered with French dressing and baked.
- n) Shelly – when her kids were younger it was fresh baked rolls. Now it is cranberry sauce and she uses the leftovers on her oatmeal.

Kile joined meeting

5. Minutes – October 24<sup>th</sup> minutes [here](#) – accepted as presented

6. Working Groups Updates

a) Workshops

- i. Women in Governance – last weekly meeting was Nov 14<sup>th</sup>. They will meet monthly January-March (maybe April) and meet in person in September at ABM.
- ii. Mighty Workshop in November (Annie) – Annie provided a summary of the mighty-Mid Workshop in early November and has a list of things to consider for next year. Mary Ellen reported that Annie did such a great job this year she has agreed to help lead the Mighty-Mega Workshop next year.

b) Working group assignment to develop resources for shared services

i. Shared Services

a. Dryside (Mary Ellen)

- 1. Gulf, N Texas and Wyoming– Cole has reached out to the GU Senior Athlete Rep and is working to set up a meeting with her.
- 2. Iowa – they are thinking outside the box and have a non-Board member stepping up to mentor the athletes. Jane loves this area and we will work with Iowa and keep an eye

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on how things progress. Could be a great option for other LSCs.

3. North Texas LSC Services Manager – Bob asked how that process was coming and Mary Ellen reported they approved the position and they expect the process to take until March or April.

b. Meets and Events

1. Swimposium 2.0

- i. MA/AM/MD – April 12-14 - Penn State?– Jane reported that Penn State may not be available but this is moving forward but may be looking for a new location.
- ii. WY/MT – April 26-28 – Cody WY – this now seems to be moving forward well.

Jane noted that these will be heaving lifting, but the coach track that is being offered is exciting. There will be an online portion to be completed ahead of time. Nate and Terry are working on this. This committee may be called on to help out.

c. Merger Support

1. Ohio – Lake Erie (Mia) – Mary Ellen, Mia and Cole met and Mia shared she reached out to the current LE Senior Athlete Rep and they have been struggling to do a joint athlete meeting with OH. Mia is trying to balance how to help them discuss the benefits and downsides of a merger without being too involved. Jane said that any way we can help is fine. Bob as the Central Zone Director can reach out to the General Chairs of the LSCs. Mia thinks that might be helpful. Lynne is the Chair of the Ohio ARB and is happy to speak to the OH General Chair and get his thoughts. She indicated the OH and LE GCs may be meeting the second weekend of December. Jane indicated that anything she can do to help would be great.

7. Orientation/Planning Meeting

- a) Jan 20 from 7-10AM PT. May need to be updated based on new committee members but this is the plan.
- b) Agenda topics:
  - i. Might focus, Governance education, mission statement, review goals, meeting schedule, working group focus. Jane said that by then we should have some guidance from USA-S

8. New Business –

- a) Lynne congratulated Wade on his position on OR as she is rolling off. Wade asked for a final Kile story.

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- b) Kile story – woke up at 4:30AM for practice this morning, no snow in the forecast and there is snow all over the ground. Temperature is 19 degrees but feels like 6 degrees. And there he is driving to work in his shorts on snow roads trying not to hit a deer!

**Meeting Schedule** – to be determined at orientation/planning meeting. Would like to consider moving it to day time if possible.

No December meeting

January 20<sup>th</sup> – LSC Development Committee Orientation/Planning meeting

January 23<sup>rd</sup> – TENTATIVE - LSC Development Committee meeting on Teams 5pm Pacific/8pm Eastern

## Microsoft Teams meeting

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